



Apprentice 1 Syllabus

Week 1A

Objectives – body percussion; drum experience, rhythm prep; learn about Ms. Davis; loud and so/mi prep with *Hey, Hey*; steady beat/body percussion with action song, quiet signal procedure

Materials needed – hand drum, quiet signal (optional)

Checking for understanding – observe if child can follow directions; observe if child can play proper number of syllables of name on drum (most children struggle playing all syllables on first try).

Week 1B

Objectives – body percussion; drum experience, rhythm prep; loud and so/mi prep with *Hey, Hey*; steady beat/body percussion with action song, quiet signal procedure, move through space

Materials needed – hand drum, quiet signal (optional)

Checking for understanding – observe if child can follow directions; observe if child can play proper number of syllables of name on drum; observe if child can follow a path.

Week 2A

Objectives – body percussion; vocal warmup; different voices; high/low prep; movement with steady beat; procedures; new poem

Materials needed – bee puppet or other puppet for *Bee Bee Bumblebee* game; quiet signal (optional)

Checking for understanding – observe if child can follow directions; observe if child can pat steady beat (not with words); observe child for participation.

Week 2B

Objectives – body percussion; vocal warmup; different voices; high/low prep; movement with steady beat; drum experience; procedures

Materials needed – bee puppet or other puppet for *Bee Bee Bumblebee* game; drum

Checking for understanding – observe if child can follow directions; observe if child can pat steady beat (not with words); observe child for participation.

Week 3A

Objectives – movement to steady beat listening to piano; vocal warmup; proper posture; different voices; high/low prep; new songs

Materials needed – scarf or other movement prop (optional)

Checking for understanding – observe or assess if child is using good posture and participating; observe if child is patting steady beat (not with the words).

Week 3B

Objectives – movement to steady beat listening to piano; vocal warmup; proper posture; different voices; high/low prep; new song review; game; introduce rhythm sticks and procedure

Materials needed – scarf or other movement prop (optional); rhythm sticks

Checking for understanding – observe or assess if child is using good posture and participating; observe if child is patting steady beat (not with the words).

Week 4A

Objectives – movement to flute and piano; vocal warmup; proper singing position; learn singer's breath; different voices; learn 2 new songs; steady beat; high/low prep; movement with singing

Materials needed – scarves/streamers or other movement prop (optional)

Checking for understanding – observe if child has good posture and taking a low belly breath before singing (not raising shoulders when breathing in). Observe if participating. Observe if student can pat steady beat.

Week 4B

Objectives – movement to flute and piano; vocal warmup; proper singing position; review singer's breath; different voices; review 2 new songs; steady beat; high/low prep; movement with singing

Materials needed – scarves/streamers or other movement prop (optional); rhythm sticks

Checking for understanding – observe if child has good posture and takes a low belly breath before singing (not raising shoulders when breathing in). Observe if participating. Observe if child can pat steady beat (not with words). Observe if child can tap sticks with song.

Week 5A

Objectives – movement to piano, locomotor/nonlocomotor movement; proper singing technique; singing/speaking voices; steady beat; high/low prep; rhythm sticks with beat; fast/slow present; practice walking through space

Materials needed – rhythm sticks

Checking for understanding – observe or assess child tapping or patting beat with song; observe fast/slow performance; observe singing technique.

Week 5B

Objectives – movement to piano, locomotor/nonlocomotor movement; proper singing technique; singing/speaking voices; steady beat; high/low prep; rhythm sticks with beat; fast/slow review; practice walking through space for activity in week 8

Materials needed – rhythm sticks (optional if time)

Checking for understanding – observe or assess child tapping or patting beat with song; observe fast/slow performance; observe singing technique.

Week 6A

Objectives – steady beat; soft/loud; proper singing technique and warmup; different voices; new songs; present beat; high/low prep

Materials needed – recording of orchestra version of Haydn's *Surprise Symphony* No. 94 2nd Movement (optional)

Checking for understanding – observe steady beat performance; observe recognition of soft and loud parts of music.

Week 6B

Objectives – steady beat; soft/loud; proper singing technique and warmup; different voices; review new songs; review beat; high/low prep; fast/slow

Materials needed – recording of orchestra version of Haydn's *Surprise Symphony* Symphony No. 94 2nd movement (optional)

Checking for understanding – observe steady beat performance; observe recognition of soft and loud parts of music; observe good posture while singing.

Week 7A

Objectives – steady beat; movement to piano; proper singing technique and warmup; new vocal exploration present; singing/speaking voices; high/low prep; fast/slow; beat and tracking beat with song; new fingerplay song

Materials needed – movement props if desired

Checking for understanding – observe good posture while singing; observe child following lines for vocal exploration; assess steady beat performance; observe heart tracking with song.

Week 7B

Objectives – steady beat; movement to piano; proper singing technique and warmup; new vocal exploration present; singing/speaking voices; high/low prep; fast/slow; beat and tracking beat with song; review fingerplay song

Materials needed – movement props if desired; rhythm sticks

Checking for understanding – observe good posture while singing; observe child following lines for vocal exploration; assess steady beat performance; observe heart tracking with song.

Week 8A

Objectives – proper singing technique and warmup; singing/speaking; steady beat; high/low prep; fast/slow; melodic contour; multicultural; tracking beats

Materials needed – quiet signal if desired

Checking for understanding – observe or assess child's soft/loud performance; assess steady beat performance or tracking; assess child's different voice performance.

Week 8B

Objectives – locomotor/nonlocomotor movement to piano; proper singing technique and warmup; singing/speaking; steady beat; high/low prep; fast/slow; melodic contour; multicultural

Materials needed – quiet signal if desired

Checking for understanding – observe or assess child’s soft/loud performance; assess steady beat performance or tracking; assess child’s different voice performance.

Week 9A

Objectives – Instrument lesson – learning how to play unpitched instruments correctly

Materials needed – triangle, wood block, hand drum, and one item from shaker/scrapper family: guiro, shaker, or maraca

Checking for understanding – observe or assess instrument technique. (Is the child holding and playing the instrument correctly?) Observe or assess rhythm playing on instrument. (Is the child echoing the same rhythm as in the video or what you are clapping to him or her?)

Week 9B

Objectives – Instrument lesson – reviewing how to play unpitched instruments correctly

Materials needed – triangle, wood block, hand drum, and one item from shaker/scrapper family: guiro, shaker, or maraca

Checking for understanding – observe or assess instrument technique. (Is the child holding and playing the instrument correctly?) Observe or assess rhythm playing on instrument. (Is the child echoing the same rhythm as in the video or what you are clapping to him or her?) Is there improvement from the last lesson?

Week 10A

Objectives – assessment lesson for pitch matching and keeping a steady beat

Materials needed – rhythm sticks

Checking for understanding – assess if your child can match the same pitches sung in the video or at least sing it in the same recognizable tune. Assess your child’s ability to play the steady beat on rhythm sticks or other object while speaking *Cobbler, Cobbler* (not playing with the words).

Week 10B

Objectives – Game Day (repetition of known songs)

Materials needed – none

Checking for understanding – observe or assess child participating in activities.

Week 11A

Objectives – listening to a story with music that gets faster (*accelerando*); proper singing technique and warmup; singing/speaking; steady beat; high/low prep; soft/loud; *solfege* prep

Materials needed – orchestra recording of Edvard Grieg: Peer Gynt Suite No. 1 *In the Hall of the Mountain King* (optional but encouraged – so much better than just hearing it played on piano)

Checking for understanding – assess steady beat performance with *Bee Bee Bumblebee* and matching pitches with *We Are Dancing*.

Week 11B

Objectives – proper singing technique and warmup; singing; steady beat; high/low prep; soft/loud; mallet technique

Materials needed – barred instrument with F's and B off, and a loud unpitched instrument

Checking for understanding – observe mallet technique and correct as necessary. Make sure child is pinching mallets loosely and not pointing with index fingers.

Week 12A

Objectives – reaction movement; proper singing technique and warmup; singing voice; steady beat; high/low prep; fast/slow

Materials needed – rhythm sticks

Checking for understanding – assess child's good posture and participation. Observe movement activities: freeze game/*All Around the Brickyard/Johnny Works with One Hammer*. Assess knowledge of syllables.

Week 12B

Objectives – creative movement and reactions; proper singing technique and warmup; steady beat; singing; high/low prep; rhythm prep with word sounds; unpitched instrument technique

Materials needed – rhythm sticks

Checking for understanding – observe child's creative movement; observe singing position and participation; observe or assess steady beat playing with songs on rhythm sticks.

Week 13A

Objectives – *Turkey in the Straw* movement; proper singing technique and warmup; rhythm; solfege prep; steady beat with unpitched instruments

Materials needed – rhythm sticks; snail book (optional) Suggested *Mr. Carey's Garden* by Jane Cutler

Checking for understanding - observe or assess steady beat playing with songs on rhythm sticks.

Week 13B

Objectives – body percussion with music; proper singing technique and warmup; steady beat with rhythm sticks

Materials needed – rhythm sticks

Checking for understanding – assess child on if they can keep steady beat (not just playing with words).

Week 14A

Objectives – formal movement; proper singing technique and warmup; rhythm and solfege prep; singing/speaking voice; creative movement; unpitched instrument technique; mallet technique; steady beat; tracking beats

Materials needed – hand drum, mallet optional

Checking for understanding – observe or assess child’s mallet or hand drumming technique and playing on beat; assess ability to track beat on chart while saying *Bee Bee Bumblebee*.

Week 14B

Objectives – body percussion movement with music; proper singing technique and warmup; rhythm and solfege prep; singing/speaking voice; creative movement; unpitched instrument technique; mallet technique; steady beat; syllable discernment for rhythm prep

Materials needed – hand drum, mallet optional, small object for *Bye Baby Bunting* game

Checking for understanding – observe or assess child’s mallet or hand drumming technique and playing on beat; assess syllable discernment.

Week 15A

Objectives – locomotor and nonlocomotor movement; proper singing technique and warmup; soft/loud; solfege prep; rhythm prep; fast/slow

Materials needed – optional: recording of Camille Saint-Saens Carnival of the Animals *Royal March of the Lion*

Checking for understanding – observe child’s participation and proper vocal technique while singing song bouquet songs. Observe movement during *Royal March of the Lion*.

Week 15B

Objectives – locomotor and nonlocomotor movement; proper singing technique and warmup; soft/loud; solfege prep; rhythm prep; fast/slow

Materials needed – none

Checking for understanding – observe child’s participation and proper vocal technique while singing song bouquet songs. Observe movement during *Royal March of the Lion*.

Week 16A

Objectives – locomotor and nonlocomotor movement; proper singing technique and warmup; rhythm prep; steady beat; soft/loud; fast/slow; creative movement

Materials needed – none

Checking for understanding – observe child’s singing posture, movement during *Royal March of the Lion*, and fast and slow patting during story songs.

Week 16B

Objectives – locomotor and nonlocomotor movement; proper singing technique and warmup; rhythm prep; steady beat; soft/loud; fast/slow; creative movement

Materials needed – none

Checking for understanding – observe child’s singing posture, movement during *Royal March of the Lion*, and fast and slow patting during story songs.

Week 17A

Objectives – creative movement; proper singing technique and warmup; fast/slow; rhythm prep; unpitched instruments; tracking beats

Materials needed – rhythms sticks

Checking for understanding – assess child’s singing position; steady beat performance; ability to track beats.

Week 17B

Objectives – proper singing technique and warmup; fast/slow; rhythm prep; soft/loud

Materials needed – small object for *Bye Baby Bunting* game

Checking for understanding – assess child’s singing position and/or steady beat performance.

Week 18A

Objectives – creative movement; proper singing technique and warmup; rhythm and solfege prep; soft/loud; high/low

Materials needed – none

Checking for understanding – assess child’s participation and proper vocal technique while singing songs; assess child pointing to heart chart while singing *Clap, Clap*.

Week 18B

Objectives – creative movement; proper singing technique and warmup; rhythm and solfege prep; soft/loud; high/low

Materials needed – puppet if playing *Bee Bee Bumblebee* as a group; stuffed frog or object to pass for frog game; small drum or container to catch frog on “splash”

Checking for understanding – assess child’s participation and proper vocal technique while singing songs; assess students pointing to heart chart while singing *Hey, Hey*.

Week 19A

Objectives – movement to drum; proper singing technique and warmup; high/low prep; singing/speaking voices; soft/loud playing

Materials needed – loud and soft instruments

Checking for understanding – assess child’s proper instrument technique and ability to play soft and loud. Assess ability to play steady beat, not rhythm (with words) with *Bee Bee Bumblebee*.

Week 19B

Objectives – movement to drum; proper singing technique and warmup; high/low prep; singing/speaking voices; soft/loud playing

Materials needed – loud and soft instruments

Checking for understanding – assess child’s proper instrument technique and ability to play soft and loud.

Week 20A

Objectives – movement; proper singing technique and warmup; rhythm and solfege prep; steady beat/tracking beat; fast/slow; size to sound demonstration; strong/weak beat prep

Materials needed – none unless desire to use another Saint Saens Carnival of the Animals recording

Checking for understanding – observe child’s steady beat patting and tracking; observe size to sound comprehension.

Week 20B

Objectives – movement; proper singing technique and warmup; rhythm and solfege prep; steady beat/tracking beat; fast/slow; size to sound demonstration; strong/weak beat prep

Materials needed – none unless desire to use another Saint Saens Carnival of the Animals recording

Checking for understanding – observe child showing steady beat; observe size to sound comprehension.

Week 21A

Objectives – locomotor/nonlocomotor movement; proper singing technique and warmup; steady beat and tracking; fast/slow; soft/loud; size to sound; higher/lower; strong/weak beat prep

Materials needed – ball for *Bounce High*

Checking for understanding – observe child’s understanding of size to sound concept. Assess high/low pitch recognition.

Week 21B

Objectives – locomotor/nonlocomotor movement; proper singing technique and warmup; steady beat; fast/slow; soft/loud; high/low

Materials needed – keyboard to extend high/low game (optional)

Checking for understanding – assess child’s high/low pitch recognition.

Week 22A

Objectives – locomotor/nonlocomotor movement; adult/children voices recognition; proper singing technique and warmup; strong/weak beats; musical ideas prep; high/low practice

Materials needed – keyboard if wanting to extend high/low game (optional)

Checking for understanding – assess child’s ability to recognize high and low sounds. Observe child showing musical ideas.

Week 22B

Objectives – move to the drum; proper singing technique and warmup; strong/weak beats; musical ideas prep; high/low practice; adult/children voices recognition

Materials needed – keyboard if wanting to extend high/low game (optional)

Checking for understanding – assess child’s ability to recognize high and low sounds. Observe child showing musical ideas.

Week 23A

Objectives – locomotor/nonlocomotor movement; proper singing technique and warmup; strong/weak beat prep; musical ideas; track steady beat; high/low practice

Materials needed – keyboard if wanting to extend high/low game (optional); recording of *Stars and Stripes Forever* by John P. Sousa (optional)

Checking for understanding – assess child’s ability to track beats. Assess child’s recognition of high and low sounds.

Week 23B

Objectives – locomotor/nonlocomotor movement; proper singing technique and warmup; strong/weak beat prep; musical ideas; track steady beat; high/low practice

Materials needed – keyboard if wanting to extend high/low game (optional); recording of *Stars and Stripes Forever* by John P. Sousa (optional); small object for *Bye Baby Bunting* game

Checking for understanding – assess child’s ability to show musical ideas. Observe locomotor/nonlocomotor movement with *All Around the Brickyard*.

Week 24A

Objectives – following another leader in movement/leading others in movement; proper singing technique and warmup; high/low; steady beat; strong/weak beats prep; so mi prep; creative movement

Materials needed – movement props (optional); *Naughty Kitty Cat* game on Google Drive

Checking for understanding – observe child showing musical ideas; observe child leading movement or following other(s).

Week 24B

Objectives – following another leader in movement/leading others in movement; proper singing technique and warmup; high/low; steady beat; strong/weak beats prep; so mi prep; creative movement

Materials needed – movement props (optional); *Naughty Kitty Cat* game on Google Drive; ball

Checking for understanding – observe child showing musical ideas; observe child leading movement or following other(s).

Week 25A

Objectives – Game Day – reinforcing concepts in a fun way! Proper singing technique and warmup; high/low; steady beat; strong/weak beats prep; so mi prep

Materials needed – game materials if other than game played in video; optional *Naughty Kitty Cat* game on Google Drive

Checking for understanding – assess steady beat patting for *Bee Bee Bumblebee*.

Week 25B

Objectives – body percussion listening to music; tempo; proper singing technique and warmup; singing voice; high/low; musical ideas; strong/weak prep; steady beat; rhythm prep with word sounds; locomotor/nonlocomotor movement; 6/8 meter prep; so mi prep

Materials needed – game materials if other than game played in video

Checking for understanding – assess child patting steady beat with *Teddy Bear*; assess knowledge of word sounds; observe comprehension of locomotor/nonlocomotor movement.

Week 26A

Objectives – clap with flute performance; proper singing technique and warmup; high/low; musical ideas; steady beat; rhythm prep; strong/weak beat present

Materials needed – none

Checking for understanding – observe child's strong/weak beat movement; assess knowledge of word sounds.

Week 26B

Objectives – clap with flute performance; proper singing technique and warmup; high/low; musical ideas; steady beat; rhythm prep; strong/weak beat present

Materials needed – ball

Checking for understanding – observe child's strong/weak beat movement; assess knowledge of word sounds; observe patting beat with *Teddy Bear*.

Week 27A

Objectives – steady beat with listening music; flute/piano instruments; proper singing technique and warmup; motive present; strong/weak beat practice

Materials needed – none

Checking for understanding – assess child's strong/weak beat movement; assess child patting steady beat.

Week 27B

Objectives – steady beat with listening music; flute/piano instruments; proper singing technique and warmup; motive present; strong/weak beat practice

Materials needed – *Naughty Kitty Cat* game on Google Drive if playing

Checking for understanding – assess child's strong/weak beat movement; assess clapping rhythm (with words) for *Teddy Bear*.

Week 28A

Objectives – dancing with the beat; proper singing technique and warmup; rhythm prep; body percussion present; high/low; higher/lower

Materials needed – none

Checking for understanding – assess child clapping rhythm for *Engine, Engine*; assess child showing high low for *Old King Glory* and *Ring Around the Rosie*.

Week 28B

Objectives – dancing with the beat; proper singing technique and warmup; rhythm prep; body percussion present; high/low; motive

Materials needed – ball, rhythm sticks

Checking for understanding – assess child tapping rhythm for *Engine, Engine*.

Week 29A

Objectives – *Bunny Hop*; proper singing technique and warmup; rhythm prep; solfege prep; motives; strong/weak beats; high/low/higher/lower; body percussion

Materials needed – Rhythm sticks (optional - play original Bunny Hop music)

Checking for understanding – observe child's beat and rhythm stick playing; observe and/or assess participation or proper vocal technique while singing songs.

Week 29B

Objectives – *Bunny Hop*; proper singing technique and warmup; rhythm prep; solfege prep; motives; strong/weak beats; high/low/higher/lower; body percussion; mallet technique

Materials needed – barred instrument with C and G or D and A bars or virtual instrument

Checking for understanding – observe barred or virtual instrument playing; observe and/or assess participation or proper vocal technique while singing songs; assess child showing motives.

Week 30A

Objectives – locomotor movement to piano music; proper singing technique and warmup; body percussion; rhythm prep; high/low; motive; solo singing to solfege so and mi pitches

Materials needed – object to pass for game; orchestra recording of Camille Saint-Saens *Carnival of the Animals* (optional)

Checking for understanding – observe or assess child patting beat and discerning word sounds. Observe if child can sing (not speak) guess for game.

Week 30B

Objectives – locomotor movement to piano music; proper singing technique and warmup; body percussion; rhythm prep; high/low; motive; mallet technique; simple bordun; solo singing

Materials needed – object to pass for game; barred instrument with C and G bars

Checking for understanding – observe or assess child playing on instrument. Observe child solo singing.

Week 31A

Objectives – proper singing technique and warmup; singing curriculum songs multiple times through games

Materials needed – game materials

Checking for understanding – observe child’s participation.

Week 31B

Objectives – proper singing technique and warmup; high/low; 6/8 meter experience; unpitched instrument review and technique

Materials needed – triangle, wood block, hand drum, guiro, shaker or maraca

Checking for understanding – observe child’s unpitched instrument technique and rhythm accuracy.

Week 32A

Objectives – moving to slow music; proper singing technique and warmup; rhythm present; high/low solfege so mi comparison; so mi song learned

Materials needed – (optional) recording of *Elephant* from Carnival of the Animals from Camille Saint-Saens

Checking for understanding – observe or assess child’s rhythm clapping while using inner hearing.

Week 32B

Objectives – moving to slow music; proper singing technique and warmup; rhythm practice; high/low solfege rhythm practice on rhythm sticks; mallet technique, simple bordun

Materials needed – (optional) recording of *Elephant* from Carnival of the Animals from Camille Saint-Saens; rhythm sticks; barred instrument with C and G or D and A bars or virtual instrument

Checking for understanding – observe or assess child’s rhythm playing with rhythm sticks. Observe mallet technique and simple bordun playing.

Week 33A

Objectives – creative movement to piano music; proper singing technique and warmup; motives, body percussion, rhythm practice, and inner hearing; high low visuals

Materials needed – *Tortoise* and *Donkey* from Carnival of the Animals from Camille Saint-Saens (optional)

Checking for understanding – assess child clapping rhythm with *See Saw*. Observe using body ladder when singing *Hey, Hey* for high and low.

Week 33B

Objectives – creative movement to piano music; proper singing technique and warmup; rhythm, beat practice; rhythm sticks and mallet technique; so mi playing

Materials needed – *Tortoise and Donkey* from Carnival of the Animals from Camille Saint-Saens (optional); rhythm sticks; barred instrument set with G and E only showing

Checking for understanding – assess child tapping rhythm with *See Saw*. Observe high-high-low playing on instrument. Assess pitch matching when singing “Kitty cat, where are you?”

Week 34A

Objectives – movement to piano music; proper singing technique and warmup; body percussion; motives; unpitched instruments, mallet technique, so mi playing/singing; so mi tracking

Materials needed – rhythm sticks, barred instrument (or virtual instrument) set with only E and G

Checking for understanding – observe child playing high-high-low on instrument. Assess pitch matching when singing “Kitty cat, where are you?” Assess child tapping rhythm with *Engine, Engine*.

Week 34B

Objectives – movement to piano music; proper singing technique and warmup; motives; unpitched instruments, so mi tracking; steady beat, rhythm

Materials needed – rhythm sticks

Checking for understanding – assess child tapping rhythm with *Engine, Engine*. Observe high/low placement on body ladder with *Star Light* song.

Week 35 Final lesson

Objectives – quick review of concepts learned, proper singing technique and warmup, sound effects for rainstorm

Materials needed – rainstorm instruments – 1 barred instrument for song and raindrops, rain stick, thunder tube, wind tube, etc. Be creative!

Checking for understanding – observe child’s singing posture and light singing tone.