



# Maestro 1 Syllabus

## Week 1

**Objectives** – echo clap; rhythmic reading; learn songs; learn quiet procedure

**Materials needed** – object for *Mouse, Mousie* if there is a group

**Checking for understanding** – observe rhythm reading; observe participation.

## Week 2

**Objectives** – beat, rhythm, body ladder, high/low, musical ideas, motives, phrase prep, solfege singing, movement, rhythm reading

**Materials needed** – none

**Checking for understanding** – observe singing position, rhythm reading, body ladder movement.

## Week 3

**Objectives** – proper singing technique and warm up; beat/rhythm; solfege songs; body percussion; 16<sup>th</sup> note prep; movement; strong/weak beats; accents/bar lines/2 meter/present repeat sign

**Materials needed** – if playing class game, key on a long piece of yarn or small object

**Checking for understanding** – observe showing motives; observe or assess showing strong/weak beats.

## Week 4

**Objectives** – echo clap; body percussion; rhythm reading; half rest present; proper singing technique and warm up; beat/rhythm; solfege songs; 16<sup>th</sup> note prep; movement; strong/weak beats; accents/bar lines/2 meter/repeat sign; hand signs, staff notation

**Materials needed** – barred instrument

**Checking for understanding** – assess reading rhythms; observe showing *Apple Tree* on body ladder and/or hand signs; observe reading staff notation.

## Week 5

**Objectives** – move to piano and flute music; echo clap; body percussion; rhythm reading; half rest review; proper singing technique and warm up; beat/rhythm; solfege songs; 16<sup>th</sup> note prep; movement; strong/weak beats; body ladder/hand signs, staff notation

**Materials needed** – movement prop if desired

**Checking for understanding** – observe rhythm reading; observe showing *Here We Sit* on body ladder and/or hand signs; observe reading staff notation.

## Week 6

**Objectives** – listen to piano/forte; echo clap; body percussion; proper singing technique and warm up; beat/rhythm; solfege songs; 16<sup>th</sup> note prep; movement; body ladder/hand signs, staff notation, stick notation, broken bordun, playing song on instrument

**Materials needed** – barred instrument, (optional - recording of orchestra version of Haydn Symphony No. 94, 2nd movement)

**Checking for understanding** – observe rhythm reading; observe showing songs on body ladder and/or hand signs; observe reading staff notation and/or stick notation. Assess playing broken bordun or playing song.

## Week 7

**Objectives** – move to piano music; loco/nonlocomotor movement; proper singing technique and warm up; beat/rhythm; solfege songs; 16<sup>th</sup> note prep; movement; body ladder/hand signs, staff notation, stick notation, broken bordun, mrd practice, present pentatone, do centered song prep

**Materials needed** – barred instrument

**Checking for understanding** – observe showing songs on body ladder and/or hand signs; observe reading staff notation. Assess playing broken bordun.

## Week 8

**Objectives** – listening – dynamics/tempo; proper singing technique and warmup; write rhythm to candy names

**Materials needed** – orchestra recording of Edvard Grieg *In the Hall of the Mountain King* if available, device to access candy wrapper activity on Google Drive OR 4 candy wrappers, paper, tape, pencil

**Checking for understanding** – assess rhythmic writing.

## Week 9

**Objectives** – listening – dynamics/tempo; proper singing technique and warmup; write rhythm to candy names; perform

**Materials needed** – orchestra recording of Edvard Grieg *In the Hall of the Mountain King* if available, candy wrapper composition created last week and an unpitched instrument to play it on

**Checking for understanding** – assess rhythmic writing and performance of rhythm.

## Week 10

**Objectives** – movement to piano music; proper singing technique and warmup; piano/forte; solfege body ladder/hand signs; notation reading; do clef review; 16<sup>th</sup> note immediate prep; creative movement; unpitched instrument playing

**Materials needed** – rhythm sticks; *Turkey in the Straw* recording (optional)

**Checking for understanding** – observe or assess singing with body ladder or hand signs; assess reading notation; observe or assess playing rhythm on rhythm sticks.

## Week 11

**Objectives** – movement to piano music; proper singing technique and warmup; body ladder/hand signs; notation reading; do clef review; 16<sup>th</sup> note present; movement; notation writing

**Materials needed** – writing supplies, Tchaikovsky's *Russian Dance* orchestra recording (optional)

**Checking for understanding** – observe or assess singing with body ladder or hand signs; assess reading notation; observe or assess writing *Hot Cross Buns*.

## Week 12

**Objectives** – moving showing phrases; proper singing technique and warmup; motives/phrases; immediate 16<sup>th</sup> note practice; motivic labeling

**Materials needed** – movement prop; orchestra recording of Tchaikovsky's *Russian Dance* (optional); *Here We Sit* – for playing with 2 people, use small objects to hide separately.

**Checking for understanding** – observe or assess rhythmic reading with new 16<sup>th</sup> notes, observe understanding of motivic labeling.

## Week 13

**Objectives** – freeze reaction game; proper singing technique and warmup; rhythmic nicknames; motive/phrases; present C pentatone; stick notation reading; loco/nonlocomotor movement; play in C pentatone

**Materials needed** – barred instrument or virtual device

**Checking for understanding** – assess stick notation reading; observe or assess playing in C pentatone.

## Week 14

**Objectives** – proper singing technique and warmup; solfege; review new song; learn new song with low la; notation reading; 16<sup>th</sup> note practice; pentatone review; transfer solfege to letter names and play song on barred instrument

**Materials needed** – barred instrument

**Checking for understanding** -assess staff notation reading; observe or assess playing in C pentatone.

## Week 15

**Objectives** – mirroring movement to flute/piano music; proper singing technique and warmup; motive variations; syncopation prep; 16<sup>th</sup> note practice; F pentatone; melodic ostinato; slur prep

**Materials needed** – scarves for *Great Big House* game (if playing as a group)

**Checking for understanding** – assess rhythm reading for mystery song; observe or assess ability to sing melodic ostinato against song or vice versa.

## Week 16

**Objectives** – echo clap 8 beats; proper singing technique and warmup; motive variations; G pentatone; melodic ostinato; rhythmic ostinato

**Materials needed** – *Black Snake* game on Google Drive

**Checking for understanding** – observe or assess notation reading; observe or assess melodic and/or rhythmic ostinato.

## Week 17

**Objectives** – echo clap; proper singing technique and warmup; low la prep; syncopation prep; create verses; notation reading; present sections and how to label; create rhythmic ostinato; learn how to play crossover bordun

**Materials needed** – barred instrument

**Checking for understanding** – observe or assess notation reading; observe mallet technique and/or crossover bordun; observe or assess rhythmic ostinato creation.

## Week 18

**Objectives** – echo clap; question/answer present; proper singing technique and warmup; motives/phrases; discover new note (low la); learn new song; rhythm dictation

**Materials needed** – online device for heart rhythm activity or rhythms written on hearts or paper and pencil, Heart Rhythm Activity on Google Drive

**Checking for understanding** – assess rhythms.

## Week 19

**Objectives** – echo clap; question/answer; proper singing technique and warmup; phrases; discover new note (low la); create new rhythms; unpitched instrument families

**Materials needed** – online device for heart rhythm activity or rhythms written on hearts or paper and pencil; unpitched instrument(s)

**Checking for understanding** – assess rhythms and/or playing it on an instrument.

## Week 20

**Objectives** – echo clap; question/answer; proper singing technique and warmup; phrase, 16<sup>th</sup> notes, low la, syncopation prep; rhythmic ostinato; body percussion

**Materials needed** – unpitched instruments

**Checking for understanding** – assess singing with hand signs, especially with low la. Observe or assess body percussion or unpitched instrument performance.

## Week 21

**Objectives** – listening question/answer; proper singing technique and warmup; low la solfege body ladder, hand signs, syncopation prep; present measure; question/answer; create do re mi melody

**Materials needed** – Staff and writing supplies or circles, yarn and key if playing game or small object

**Checking for understanding** – observe or assess song dictation; observe or assess do re mi song composition, ending on do.

## Week 22

**Objectives** – sections with movement; proper singing technique and warmup; stick notation reading; body percussion; question/answer; write own do re mi melody do centered C pentatone song, transfer to barred instrument

**Materials needed** – barred instrument, writing supplies, small object for *Black Snake* game or on Google Drive

**Checking for understanding** – observe or assess writing melody and/or playing it.

## Week 23

**Objectives** – section review with movement; proper singing technique and warmup; low la; syncopation prep; low la in staff notation; loco and nonlocomotor movement; pentatone; mallet technique; crossover bordun

**Materials needed** – barred instrument for crossover bordun, scarves if playing group game for *Great Big House*, objects for *Here We Sit* if playing with 2 or 3 people

**Checking for understanding** – assess hand signs and notation reading for Mystery Song.

## Week 24

**Objectives** – echo clap/canon present; proper singing technique and warmup; syncopation prep; present separated eighth notes; movement; canon/round song prep; mallet technique

**Materials needed** – barred instrument; *Alabama Gal* recording if performing traditional dance

**Checking for understanding** – observe canon body percussion; observe or assess mallet technique and/or broken bordun.

## Week 25

**Objectives** – echo clap/canon practice; proper singing technique and warmup; syncopation prep; separated eighth notes practice; movement; canon/round song prep; 6/8 meter experience; mallet technique

**Materials needed** – barred instrument; *Alabama Gal* recording if performing traditional dance

**Checking for understanding** – observe canon body percussion; observe or assess mallet technique and/or broken bordun.

## Week 26

**Objectives** – echo clap/singing canon practice; proper singing technique and warmup; syncopation prep; present tie with separated eighth notes; mezzo forte/mezzo piano; tempo - andante; shadowing movement; 6/8 meter experience; mallet technique

**Materials needed** – barred instrument or unpitched instrument

**Checking for understanding** – observe canon body percussion and/or singing; observe or assess mallet technique and/or broken bordun or Q/A.

## Week 27

**Objectives** – echo clap/singing canon practice; proper singing technique and warmup; syncopation prep; present tie with separated eighth notes; piano; sections; 6/8 meter experience

**Materials needed** – object for hot/cold version for game or *Black Snake* game on Google Drive

**Checking for understanding** – observe canon body percussion and/or singing; observe different movements for sections.

## Week 28

**Objectives** – echo clap/singing canon practice; proper singing technique and warmup; syncopation immediate prep; improvise in 6/8 meter

**Materials needed** – barred instrument or unpitched instrument

**Checking for understanding** – observe canon body percussion and/or singing; observe or assess mallet technique and improvisation.

## Week 29

**Objectives** – steady beat with music; proper singing technique and warmup; syncopation present; rhythmic ostinato or crossover bordun

**Materials needed** – barred instrument or unpitched instrument, scarf or scarves for game if playing as group

**Checking for understanding** – observe or assess hand signs with *Phoebe*; observe understanding and performing new rhythm.

## Week 30

**Objectives** – proper singing technique and warmup; syncopation immediate practice; play on instruments

**Materials needed** – barred instrument or unpitched instrument

**Checking for understanding** – observe or assess hand signs with *I Got a Letter*; observe understanding and performing new rhythm.

## Week 31

**Objectives** – question/answer body percussion; proper singing technique and warmup; syncopation immediate practice; write own la centered melody to rhythm of *Captain, Don't Sidetrack Your Train*

**Materials needed** – staff and writing supplies, *Black Snake* game on Google Drive

**Checking for understanding** – observe or assess hand signs with *Captain, Don't Sidetrack Your Train* and composition of la centered song.

## Week 32

**Objectives** – question/answer body percussion; proper singing technique and warmup; syncopation practice; (if not finished from last week -write own la centered melody to rhythm of *Captain, Don't Sidetrack Your Train*.)

**Materials needed** – writing supplies (only if continuing from last week)

**Checking for understanding** – observe or assess hand signs with *Captain, Don't Sidetrack Your Train*; create different movement for form for song.

## Week 33

**Objectives** – canon, student led; proper singing technique and warmup; syncopation practice; low la, syncopa, solfege practice, la centered songs, phrases, transfer solfege to letters, play on instruments

**Materials needed** – barred instrument with low E and B off

**Checking for understanding** – observe or assess ability to transfer solfa syllables to letter names. Observe mallet technique.

### **Week 34**

**Objectives** – canon, student led; proper singing technique and warmup; notation reading; rainstorm creation

**Materials needed** – any rainstorm instruments available

**Checking for understanding** – observe or assess ability to read mystery song.

### **Week 35**

**Objectives** – proper singing technique and warmup; notation reading; review all learned concepts

**Materials needed** – small objects for game

**Checking for understanding** – observe or assess ability to read mystery song.