

# Apprentice 1 Materials List



**Quiet signal** (object that makes a sound that your child responds to - totally optional)

**Game supplies** - ball, small object or bean bag to pass or hide, puppet or stuffed animal(s)

**Movement props** (optional) - scarf or scarves or streamers

**Instruments** - rhythm sticks, (wood block optional), hand drum, metal instrument (triangle), shaker or scraper instrument (maraca), different sized instruments (optional) All these can be homemade or objects around the house.

Barred instrument with mallets- glockenspiel is the smallest, virtual is free

Keyboard optional if playing high/low game outside of video (extra practice)

Rain storm instruments

**Suggested recordings** (check Youtube or your favorite recordings or app)

Haydn's Symphony No. 94 "Surprise Symphony" 2nd movement

Edvard Grieg Peer Gynt Suite In the Hall of the Mountain King

Camille Saint Saens Carnival of the Animals: Elephant, Royal March of the Lion, Tortoises and Donkeys, Swan

Tchaikovsky's Nutcracker Ballet: Russian Dance or other selections

John P. Sousa Stars and Stripes Forever

The Bunny Hop by Ray Anthony

Your favorite music as an alternative to play for the freeze game if desired.

Seasonal songs

**MUSIC DUO™**