



Pre Maestro 1 Syllabus

Week 1

Objectives – echo clap; beat/rhythm present; quarter/eighth note prep; learn songs; learn quiet procedure

Materials needed – objects for *Here We Sit* game (for someone else to hide)

Checking for understanding – observe rhythm reading; observe participation.

Week 2

Objectives – beat/rhythm review, body ladder, high/low, musical ideas, present motives, phrase prep, quarter note/eighth note present, locomotor movement

Materials needed – none

Checking for understanding – observe singing position and participation; observe rhythm reading.

Week 3

Objectives – proper singing technique and warm up; beat/rhythm; present so and mi with hand signs; body percussion; 16th note prep; movement; strong/weak beats; accents; meter prep; do re mi prep

Materials needed – if playing class game, key on a long piece of yarn or small object

Checking for understanding – observe singing position and participation; observe showing motives; observe or assess showing strong/weak beats.

Week 4

Objectives – echo clap; body percussion; rhythm reading; present quarter rest; proper singing technique and warm up; beat/rhythm; solfege songs; 16th note prep; movement; strong/weak beats; accents/bar lines present; present so and mi on staff; discover new note la; present broken bordun on barred instrument; mallet technique

Materials needed – barred instrument (or virtual)

Checking for understanding – observe singing position and participation; observe or assess showing body ladder and/or hand signs; observe reading from staff.

Week 5

Objectives – move to piano and flute music; echo clap; body percussion; rhythm reading reviewing quarter rests and bar lines; proper singing technique and warm up; beat/rhythm; solfege songs; 16th note prep; locomotor movement; strong/weak beats, accents, bar lines, present double bar line/repeat sign/meter; body ladder/hand signs reviewing la, present la on staff; discover do

Materials needed – movement prop if desired

Checking for understanding – observe singing position and participation; observe or assess showing body ladder and/or hand signs; observe reading rhythms.

Week 6

Objectives – listen to piano/forte; echo clap; body percussion; proper singing technique and warm up; beat/rhythm; solfege songs; 16th note prep; movement; body ladder/hand signs, present tie; review meter/double bar line; review do; present do clef and do on staff; broken bordun, playing song on instrument

Materials needed – barred instrument, (optional - recording of orchestra version of Haydn Symphony No. 94, 2nd movement)

Checking for understanding – observe singing position and participation; observe or assess showing body ladder and/or hand signs; observe reading from staff notation.

Week 7

Objectives – move to piano music; loco/nonlocomotor movement; proper singing technique and warm up; beat/rhythm; solfege songs; present half note and half rest; 16th note prep; movement; body ladder/hand signs, staff notation, stick notation, broken bordun, present re, present pentatone, do centered song prep

Materials needed – barred instrument

Checking for understanding – observe singing position and participation; observe or assess showing body ladder and/or hand signs; observe reading from staff notation. Assess playing broken bordun.

You are now ready to enter Maestro 1 Lesson 8!

Week 8

Objectives – listening – dynamics/tempo; proper singing technique and warmup; write rhythm to candy names

Materials needed – orchestra recording of Edvard Grieg *In the Hall of the Mountain King* if available, device to access candy wrapper activity on Google Drive OR 4 candy wrappers, paper, tape, pencil

Checking for understanding – assess rhythmic writing.

Week 9

Objectives – listening – dynamics/tempo; proper singing technique and warmup; write rhythm to candy names; perform

Materials needed – orchestra recording of Edvard Grieg *In the Hall of the Mountain King* if available, candy wrapper composition created last week and an unpitched instrument to play it on

Checking for understanding – assess rhythmic writing and performance of rhythm.

Week 10

Objectives – movement to piano music; proper singing technique and warmup; piano/forte; solfege body ladder/hand signs; notation reading; do clef review; 16th note immediate prep; creative movement; unpitched instrument playing

Materials needed – rhythm sticks; *Turkey in the Straw* recording (optional)

Checking for understanding – observe or assess singing with body ladder or hand signs; assess reading notation; observe or assess playing rhythm on rhythm sticks.

Week 11

Objectives – movement to piano music; proper singing technique and warmup; body ladder/hand signs; notation reading; do clef review; 16th note present; movement; notation writing

Materials needed – writing supplies, Tchaikovsky's *Russian Dance* orchestra recording (optional)

Checking for understanding – observe or assess singing with body ladder or hand signs; assess reading notation; observe or assess writing *Hot Cross Buns*.

Week 12

Objectives – moving showing phrases; proper singing technique and warmup; motives/phrases; immediate 16th note practice; motivic labeling

Materials needed – movement prop; orchestra recording of Tchaikovsky's *Russian Dance* (optional); *Here We Sit* – for playing with 2 people, use small objects to hide separately.

Checking for understanding – observe or assess rhythmic reading with new 16th notes, observe understanding of motivic labeling.

Week 13

Objectives – freeze reaction game; proper singing technique and warmup; rhythmic nicknames; motive/phrases; present C pentatone; stick notation reading; loco/nonlocomotor movement; play in C pentatone

Materials needed – barred instrument or virtual device

Checking for understanding – assess stick notation reading; observe or assess playing in C pentatone.

Week 14

Objectives – proper singing technique and warmup; solfege; review new song; learn new song with low la; notation reading; 16th note practice; pentatone review; transfer solfege to letter names and play song on barred instrument

Materials needed – barred instrument

Checking for understanding -assess staff notation reading; observe or assess playing in C pentatone.

Week 15

Objectives – mirroring movement to flute/piano music; proper singing technique and warmup; motive variations; syncopation prep; 16th note practice; F pentatone; melodic ostinato; slur prep

Materials needed – scarves for *Great Big House* game (if playing as a group)

Checking for understanding – assess rhythm reading for mystery song; observe or assess ability to sing melodic ostinato against song or vice versa.

Week 16

Objectives – echo clap 8 beats; proper singing technique and warmup; motive variations; G pentatone; melodic ostinato; rhythmic ostinato

Materials needed – *Black Snake* game on Google Drive

Checking for understanding – observe or assess notation reading; observe or assess melodic and/or rhythmic ostinato.

Week 17

Objectives – echo clap; proper singing technique and warmup; low la prep; syncopation prep; create verses; notation reading; present sections and how to label; create rhythmic ostinato; learn how to play crossover bordun

Materials needed – barred instrument

Checking for understanding – observe or assess notation reading; observe mallet technique and/or crossover bordun; observe or assess rhythmic ostinato creation.

Week 18

Objectives – echo clap; question/answer present; proper singing technique and warmup; motives/phrases; discover new note (low la); learn new song; rhythm dictation

Materials needed – online device for heart rhythm activity or rhythms written on hearts or paper and pencil, Heart Rhythm Activity on Google Drive

Checking for understanding – assess rhythms.

Week 19

Objectives – echo clap; question/answer; proper singing technique and warmup; phrases; discover new note (low la); create new rhythms; unpitched instrument families

Materials needed – online device for heart rhythm activity or rhythms written on hearts or paper and pencil; unpitched instrument(s)

Checking for understanding – assess rhythms and/or playing it on an instrument.

Week 20

Objectives – echo clap; question/answer; proper singing technique and warmup; phrase, 16th notes, low la, syncopation prep; rhythmic ostinato; body percussion

Materials needed – unpitched instruments

Checking for understanding – assess singing with hand signs, especially with low la. Observe or assess body percussion or unpitched instrument performance.

Week 21

Objectives – listening question/answer; proper singing technique and warmup; low la solfege body ladder, hand signs, syncopation prep; present measure; question/answer; create do re mi melody

Materials needed – Staff and writing supplies or circles, yarn and key if playing game or small object

Checking for understanding – observe or assess song dictation; observe or assess do re mi song composition, ending on do.

Week 22

Objectives – sections with movement; proper singing technique and warmup; stick notation reading; body percussion; question/answer; write own do re mi melody do centered C pentatone song, transfer to barred instrument

Materials needed – barred instrument, writing supplies, small object for *Black Snake* game or on Google Drive

Checking for understanding – observe or assess writing melody and/or playing it.

Week 23

Objectives – section review with movement; proper singing technique and warmup; low la; syncopation prep; low la in staff notation; loco and nonlocomotor movement; pentatone; mallet technique; crossover bordun

Materials needed – barred instrument for crossover bordun, scarves if playing group game for *Great Big House*, objects for *Here We Sit* if playing with 2 or 3 people

Checking for understanding – assess hand signs and notation reading for Mystery Song.

Week 24

Objectives – echo clap/canon present; proper singing technique and warmup; syncopation prep; present separated eighth notes; movement; canon/round song prep; mallet technique

Materials needed – barred instrument; *Alabama Gal* recording if performing traditional dance

Checking for understanding – observe canon body percussion; observe or assess mallet technique and/or broken bordun.

Week 25

Objectives – echo clap/canon practice; proper singing technique and warmup; syncopation prep; separated eighth notes practice; movement; canon/round song prep; 6/8 meter experience; mallet technique

Materials needed – barred instrument; *Alabama Gal* recording if performing traditional dance

Checking for understanding – observe canon body percussion; observe or assess mallet technique and/or broken bordun.

Week 26

Objectives – echo clap/singing canon practice; proper singing technique and warmup; syncopation prep; present tie with separated eighth notes; mezzo forte/mezzo piano; tempo - andante; shadowing movement; 6/8 meter experience; mallet technique

Materials needed – barred instrument or unpitched instrument

Checking for understanding – observe canon body percussion and/or singing; observe or assess mallet technique and/or broken bordun or Q/A.

Week 27

Objectives – echo clap/singing canon practice; proper singing technique and warmup; syncopation prep; present tie with separated eighth notes; piano; sections; 6/8 meter experience

Materials needed – object for hot/cold version for game or *Black Snake* game on Google Drive

Checking for understanding – observe canon body percussion and/or singing; observe different movements for sections.

Week 28

Objectives – echo clap/singing canon practice; proper singing technique and warmup; syncopation immediate prep; improvise in 6/8 meter

Materials needed – barred instrument or unpitched instrument

Checking for understanding – observe canon body percussion and/or singing; observe or assess mallet technique and improvisation.

Week 29

Objectives – steady beat with music; proper singing technique and warmup; syncopation present; rhythmic ostinato or crossover bordun

Materials needed – barred instrument or unpitched instrument, scarf or scarves for game if playing as group

Checking for understanding – observe or assess hand signs with *Phoebe*; observe understanding and performing new rhythm.

Week 30

Objectives – proper singing technique and warmup; immediate prepare low so; syncopation immediate practice; play on instruments

Materials needed – barred instrument or unpitched instrument

Checking for understanding – observe or assess hand signs with *I Got a Letter*; observe understanding and performing new rhythm and discovery of new note.

Week 31

Objectives – question/answer body percussion; proper singing technique and warmup; present low so; syncopation immediate practice; write own la centered melody to rhythm of *Captain, Don't Sidetrack Your Train*

Materials needed – staff and writing supplies, *Black Snake* game on Google Drive

Checking for understanding – observe or assess hand signs with *Alabama Gal, Captain, Don't Sidetrack Your Train* and composition of la centered song.

Week 32

Objectives – question/answer body percussion; proper singing technique and warmup; immediate practice low so; syncopation practice; (if not finished from last week -write own la centered melody to rhythm of *Captain, Don't Sidetrack Your Train*.)

Materials needed – writing supplies (only if continuing from last week)

Checking for understanding – observe or assess hand signs with *Alabama Gal*; create different movement for form for song.

Week 33

Objectives – canon, student led; proper singing technique and warmup; practice low so; syncopation practice; low la, syncopa, solfege practice, la centered songs, phrases, transfer solfege to letters, play on instruments

Materials needed – barred instrument with low E and B off

Checking for understanding – observe or assess ability to transfer solfa syllables to letter names. Observe mallet technique.

Week 34

Objectives – canon, student led; proper singing technique and warmup; notation reading; rainstorm creation

Materials needed – any rainstorm instruments available

Checking for understanding – observe or assess ability to read mystery song.

Week 35

Objectives – proper singing technique and warmup; notation reading; review all learned concepts

Materials needed – small objects for game

Checking for understanding – observe or assess ability to read mystery song.